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FALLOUT OF THE COLD WAR

The thyroid nodules occurring in Marshall Islane ers, reported by Conard and his associates els, where in this issue of the *Journal*, are literally $a_{\rm h}$ figuratively a fallout of the cold war. It is depresing to be reminded that American atomic tests inacvertently injured a significant number of innocepeople. However, in a still-free society, both virtuand faults are aired, and perhaps recording $a_{\rm h}$ analyzing these adverse effects will contribute t man's slow learning process.

The thyroid gland is especially vulnerable t atomic injury since radioactive isotopes of iodinare a major component of fallout, and the glancollects this iodine as avidly as it does the commestable isotope. Typically, one third of all ingested iodine is accumulated by the thyroid gland each day and about 95 per cent of the body stores are concentrated in the 15-20-gm. gland. The elemenresides in the gland for many weeks on the average thus offering a chance for significant radiation exposure from even a small dose of isotope.

That ¹³¹I should be hazardous is no surprise Much prior evidence convincingly demonstrates the carcinogenic effect of x-rays or 131 on the thyroid gland in animals. The Hiroshima and Nagasak explosions left their residue of tumors.1 Childhood papillary carcinoma of the gland is strongly associated with prior radiation, although in these cases one might question whether the important factor was thymic or thyroid radiation. Recently, it has been observed that a reactor accident in the West may have left its trail of thyroid nodules downwind ¹³¹I in doses too small to cause cell death is known to damage cell metabolism - for example, it may prevent the response to a subsequent goitregenie stimulus.² This radiation lesion is intimately associated with DNA metabolism, as shown in Debyn's report of abnormal cell nuclei.³ Al-Hindaw and Wilson⁴ have observed poor labeling of radiated rat thyroid nuclei by ³H-thymidine and a rapid ture over of the accumulated label. The observations imply that the damaged nucleus can not divide normally.

The experience reported in the accompanyind article by Conard et al. is unusual in that the primresponse is multinodular goiter formation, rather than induction of tumors. "Nodules," but not necessarily multinodular goiter, have been reported by Sheline et al.⁵ and others to follow childhood ¹⁰¹ therapy for Graves's disease, but multinodular goiters have been difficult to produce by any experimental mechanism. The documented association with radiation, both experimentally and clinically has been tumor formation, not multinodularity. The factors dictating this unusual response are inal⁵ parent.

The authors are to be congratulated on their ability to detect nodules of 2 to 3 mm., but there max

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total thyronicetomy en for floomlar gotters. The pretotal thyronicetomy en for floomlar gotters. The predictable hazard, hypoparathyroidism, did in fact occur. Upton, L. L, New York

The implications are clear. The Islanders need constant medical supervision for life. Thyroid-suppressive therapy is indicated although it must be idmitted that the experimental basis is lacking. Rapid institution of potassium iodide therapy for suppression of thyroid uptake is indicated in any population exposed to fallout.⁶ Therapy with radioactive iodine for childhood thyrotoxicosis must be viewed with reserve.

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OLD WORLD SURGEON

THE Journal, through some oversight, failed to receive a notice of the death of Dr. Oscar Hirsch, over a year ago. This has been amply, if belatedly, corrected with an obituary prepared by one of his American disciples, which is published elsewhere in this issue of the Journal.

²Dr. Hirsch, always unassuming, was nevertheless one of the most distinguished European medical emigrés to find freedom in this country during the years immediately before World War II. Not only was he a gifted neurosurgeon, trained in the exacting field to which he made at least one notable contibution; he had also a liberal classical education and a firm devotion to Graeco-Roman history and literature. This was acquired during the years of the late nineteenth and early twentieth century when the Gothic legacy of the Holy Roman Empire was blended with an Ottoman tincture overlaid by the bizarre imagery of the baroque.

The story is told that he once accosted a main whom he overheard reciting ruminatively a choru from Antigone, as he walked along a street it Montreal. So the two sat down to discuss the relafive merits of Sophocles and Euripides.

Dr. and Mrs. Hirsch were known as a kindly gracious, cultured couple, who brought to their New World environment a valuable contribution from the old.

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